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**Excel Physical Therapy and Fitness Announces Two New Hires**

**Philadelphia, PA** – *June 15, 2008* – Excel Physical Therapy and Fitness has announced the addition of two new physical therapists to the staff of the Villanova and Center City locations.

“We are excited to add new talent, skills and knowledge to our growing staff of physical therapists,” said Jeff Ostrowski, PT, CEO of Excel Physical Therapy and Fitness. “Our patients at both the Villanova and Center City Excel locations will benefit from the addition of new expertise and energy.”

Joining the Villanova location is Emily Baith. Emily is a Summa Cum Laude graduate from Slippery Rock University of Pennsylvania with a Doctorate in Physical Therapy and a B.S. in Exercise Science.

Kimberly DePaul has joined the Center City location. She has received awards for both academic and clinical excellence. With a certificate in Health & Wellness Promotion, she incorporates prevention education into her individualized treatments. Kimberly is a graduate of Widener University’s Doctoral program.

**About Excel Physical Therapy and Fitness**

Excel Physical Therapy and Fitness has been rehabilitating patients for over 15 years and provides physical therapy and fitness programs dedicated to improving patient’s quality of life. Excel is the largest privately owned physical therapy practice in the Delaware Valley and has eight locations throughout the region. In 2006 Excel was awarded the *Real Small Business Award for Customer Service* from the Center City Proprietors Association. For more information on Excel please call 1.866.88 EXCEL or visit [www.excelphysicaltherapy.com](http://www.excelphysicaltherapy.com).

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