

FOR IMMEDIATE RELEASE

Contact: Jessica Sharp
Maven Communications
267.546.9034
jsharp@mavenagency.com

Excel Physical Therapy and Fitness Announces Two New Hires *Northeast and Bensalem locations gain new physical therapists*

Philadelphia, PA – April 9, 2008 – Excel Physical Therapy and Fitness has announced the addition of two new physical therapists to the staff of the Northeast and Bensalem locations.

Joining the Northeast location, Erica Gerlach's specializes in treating orthopedic injuries and pain originating from the spine. Prior to joining Excel, Gerlach worked in an outpatient clinic treating a variety of orthopedic conditions. Gerlach received a B.S. in Health Science and an M.S. in Physical Therapy from the University of the Sciences in Philadelphia. In addition, she has received certification in Mechanical Diagnosis and Therapy, also known as the McKenzie Method.

Gerlach currently assists faculty at her alma mater in training entry-level physical therapy students as a lab assistant for musculoskeletal evaluation and treatment.

John Morris has joined the Bensalem Excel location. Specializing in mechanical treatment of the spine, Morris concentrates his practice on neck and low back injuries, rehab for baseball and golf injuries and industrial medicine. Prior to joining Excel, Morris also worked at an outpatient clinic treating a variety of orthopedic conditions including injuries that occur in the workplace. He received a B.S. in Clinical Science and M.S. in Physical Therapy from Ithaca College.

Morris is currently pursuing his clinical doctorate and will soon take the examination to be a certified McKenzie therapist.

“We are very pleased to have John and Erica join our expanding team of talented physical therapists,” said Jeff Ostrowski, PT, CEO of Excel Physical Therapy and Fitness. “Their specialized talents will continue to highlight Excel's commitment to the health and quality of life that patients can achieve when they are functioning at their highest level.”

About Excel Physical Therapy and Fitness

Excel Physical Therapy and Fitness has been rehabilitating patients for over 15 years and provides physical therapy and fitness programs dedicated to improving patient's quality of life. Excel is the largest privately owned physical therapy practice in the Delaware Valley and has eight locations throughout the region. In 2006 Excel was awarded the

Real Small Business Award for Customer Service from the Center City Proprietors Association. For more information on Excel please call 1.866.88 EXCEL or visit www.excelphysicaltherapy.com.

###