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**Excel Physical Therapy and Fitness Announces Two New Hires**  
*Excel's Rothman Institute in King of Prussia and Center City Clinic gain Physical Therapists*

**Philadelphia, PA – September 21, 2009** – Excel Physical Therapy and Fitness, an out-patient physical therapy clinic with eight locations throughout the Philadelphia region, has announced the addition of two new physical therapists.

Brian Cleary, PT, DPT, joins Excel's Center City clinic as a staff physical therapist. He specializes in sport medicine and orthopedic diagnoses. Cleary received his doctorate degree in physical therapy from Temple University, and plans to attain his Orthopedic Specialty Certification in the near future.

Jeffrey Eng, PT, DPT, joins Excel's location at the Rothman Institute in King of Prussia as a staff physical therapist. He has a strong interest in treating sports-related injuries and also plans on attaining his specialty Orthopedic Specialty Certification. Eng received his doctorate degree in physical therapy from Drexel University.

“Our physical therapists are not only a highly educated and knowledgeable group, but are also exceptional people who know how to truly connect with patients. I am happy to welcome Jeffery and Brian as Excel physical therapists,” says Jeff Ostrowski, PT, CEO of Excel Physical Therapy and Fitness. “Our staff is the reason why Excel is thriving and even expanding in these tough economic times and I am very proud of them.”

**About Excel Physical Therapy and Fitness**

Excel Physical Therapy and Fitness has been rehabilitating patients for over 15 years and provides physical therapy and fitness programs dedicated to improving patient's quality of life. Excel is the largest privately owned physical therapy practice in the Delaware Valley and has eight locations throughout the region. In 2006 Excel was awarded the *Real Small Business Award for Customer Service* from the Center City Proprietors Association and in 2009 was recognized by the *Philadelphia Business Journal* as one of the *Best Places to Work*. For more information on Excel please call 1.866.88 EXCEL or visit [www.excelphysicaltherapy.com](http://www.excelphysicaltherapy.com).

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