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Contact: Sarah Casey
Maven Communications
267.546.9051
scasey@mavenagency.com

Excel Physical Therapy and Fitness Announces Four New Hires

Northeast, Bensalem and The Rothman Institute in Center City locations gain new physical therapists

Philadelphia, PA – *April 30, 2009* – Excel Physical Therapy and Fitness has announced the addition of four new physical therapists to the staff of the Northeast, Bensalem and Rothman Institute in Center City locations.

Bobby Horn, PT, DPT, joins the Northeast location. His interests are in sports medicine and orthopaedic physical therapy. Horn received his doctorate in physical therapy from Arcadia University in Philadelphia.

Joining the Bensalem location, Desirae Gaspero, PT, DPT, has previously worked at Excel's Glen Mills and Villanova clinics as a physical therapy aide. She received her doctorate degree in physical therapy from Arcadia University in Philadelphia. Gaspero is interested in an orthopaedic and sports medicine.

Kristin McCormick PT, DPT, specializes in post injury rehabilitation and sports-specific training at the Rothman Institute physical therapy clinic in Center City Philadelphia. She graduated from Temple University in Philadelphia where she earned her doctorate in physical therapy.

Also joining the Rothman Institute physical therapy clinic is Joseph Zazworskey PT, DPT. Previously, Zazworskey worked at Excel as a physical therapy aide at the Rothman Institute in King of Prussia. He completed his bachelor's degree in health at Saint Joseph's University and his doctorate in physical therapy at Arcadia University in Philadelphia. He focuses on orthopaedic physical therapy, but also enjoys treating high level patients with neuromuscular diseases.

"We are extremely fortunate to have such skilled physical therapists and wonderful people join Excel," said Jeff Ostrowski, PT, CEO of Excel Physical Therapy and Fitness. "These enthusiastic and talented therapists fit in very well with our mission to be the region's leader in rehabilitation and fitness services."

About Excel Physical Therapy and Fitness

Excel Physical Therapy and Fitness has been rehabilitating patients for over 15 years and provides physical therapy and fitness programs dedicated to improving patient's quality of life. Excel is the largest privately owed physical therapy practice in the Delaware Valley and has eight locations throughout the region. In 2006 Excel was awarded the *Real Small Business Award for Customer Service* from the Center City Proprietors Association. For more information on Excel please call 1.866.88 EXCEL or visit www.excelphysicaltherapy.com.